

A Prayer for the Morning  
Metropolitan Philaret (1782-1867)  
Upbeat  
v.1, n.7, 1968

O Lord, grant me to greet the  
coming day in peace.

Help me in all things to rely upon  
Thy Holy Will.

In every hour of the day reveal Thy  
will to me.

Bless my dealings with all who  
surround me!

Teach me to treat all that comes to  
me during the day

With peace of soul and with firm  
conviction

That Thy Will governs all.

In all my deeds and words, guide  
my thoughts and feelings,

In unforeseen events let me not  
forget that all are sent by  
Thee

Teach me to act firmly and wisely,

Without embittering and  
embarrassing others.

Give me strength to bear the fatigue  
of the coming day.

With all that it shall bring.

Direct my will,

Teach me to pray,

Pray Thou Thyself in me.

Amen.